



blu

At Blu we recycle & use biodegradable straws & to-go materials!

VEGETARIAN

GLUTEN FREE

Share

Mediterranean Plate - 11

pita, goat cheese, olive tapenade, hummus

Cheese & Charcuterie Board - 15

irish cheddar, gorgonzola, mozzarella, charcuterie

Sweet Potato Fries - 8

remoulade

Blu Chips - 10

potato chips, bleu cheese dressing, cilantro

Mac'N'Cheese - 7

mac, bacon, panko, cheese blend, cilantro

Calamari - 13

thai chili sauce

Black Bean & Corn Guacamole - 12

blu corn chips, salsa

Chips & Salsa - 5

blue corn tortilla chips

Crab Cakes - 14

maryland style, remoulade

Pizza

 available on hand tossed, flatbread, or gluten free cauliflower crust

The Garden - 10

mushroom, onion, squash, zucchini, tomato, bell pepper

The Basic Bro - 10

psst...that just means pepperoni, bro

Daisy If You Do - 10

roma, basil, garlic

Not Chucky's Cheese - 11

burrata and mozzarella

This Little Figgy - 12

figs, bacon, caramelized onion, olive oil, bleu,

balsamic drizzle

Backyard BBQ - 12

chicken, corn, red onions, bacon, cilantro, bbq sauce

Pizza a Portuguesa - 12

mozzarella, ham, heart of palm, peas, onion, black olive, boiled egg

The Truffle Shuffle - 11

wild mushrooms and truffle drizzle

Two Pigs & A Fun Guy - 11

sausage, pepperoni, mushroom

Aww, Kale Yes - 12

kale pesto, crispy kale, brussels sprouts

The Taco Truck - 12

pulled pork, evoo, queso fresco, white onion, jalapeno, cotija, cilantro, spicy green drizzle, lime juice

Club Med(iterranean) - 12

olive pesto, rosemary, pepperoncinis, goat cheese, balsamic drizzle

Pretty Fly for a White Pie - 12

alfredo sauce, chicken, spinach, wild mushroom mix

The Hack - 12

bratwurst, pistacchios, chili oil

La Maria - 11

pepperoni, maria's secret mole sauce

Bowl

Roasted Red Pepper Soup - 7

gouda, five cheese blend, ciabatta

Black Bean Soup - 7

tortilla strips, sour cream

Leaf

Blu House Salad - 8

spring mix, romaine, spicy walnuts, bleu cheese, balsamic vinaigrette

Chicory Caesar - 10

arugula, spring mix, romaine, radish, fennel bulb, croutons, shaved parmesan, caesar-vinaigrette

The Everything Salad - 11

kale, brussels sprouts, apples, cherry tomatoes, golden raisins, sliced almonds, bacon, gorgonzola, apple vinaigrette

The Seasonal Spinach Salad - 9

baby spinach, seasonal fruit, bleu cheese, spicy walnuts, seasonal vinaigrette

The Smoked Salmon Salad - 15

spring mix, radish, capers, croutons, six minute egg, lemon vinaigrette

Burgers

 burgers available with the impossible vegetarian patty +3

Blu Burger - 12

bleu, arugula, bacon, sweet potato fries

The Cheese Burger Burger - 12

cheddar, romaine, romas, red onion, sweet potato fries

•consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have medical conditions
•please notify your server of any allergies before ordering, as not all ingredients are listed. due to the nature of restaurants and cross-contamination concerns, we are unable to guarantee a 100% allergy free zone. however, we will do our best to accommodate your specific dietary needs.
•an automatic gratuity of 18% will be applied to all parties of 8 or more.



blu

Tacos * 3 served street style on corn, with cilantro, & salsa

Blackened Chicken - 9 ^{GF}

pickled onion, queso fresco, sour cream, lime

Grilled Shrimp - 10 ^{GF}

pico, remoulade, lime

Pulled Pork - 9 ^{GF}

pickled onion, queso fresco, sour cream, lime

Blackened Catfish - 10 ^{GF}

pico, remoulade, lime

Wild Mushroom - 10 ^{GF}

red and green bell pepper, pickled onion, queso fresco

Dillas

Chicken Quesadilla - 10

pico de gallo, sour cream, salsa

Veggie Quesadilla - 10 ^V

squash, zucchini, green bell pepper, yellow bell pepper, mushroom, romas, black bean & corn relish, sour cream, salsa

Pork Quesadilla - 10

bleu cheese crumbles, pico de gallo, sour cream, lime, salsa

BRUNCH served sat & sun
10:00 a.m.-3:00 p.m.

Brunch Board - 14

bacon, cheddar, cream cheese, hard boiled egg, avocado, english muffin, housemade jam, fruit

Granola & Cream - 8 ^V

brown sugar & cinnamon granola, half & half, fruit

Grand Marnier French Toast - 10 ^V

croissants, maple syrup, fruit

All American - 12

two eggs your way, breakfast ham, bacon, potato hash, toast, housemade jam

Salmon Blu Plate Special - 11 ^{GF}

three eggs scrambled with salmon, capers, cream cheese, red onion, dijon-cream sauce, potato hash

Veggie Blu Plate Special - 10 ^{V GF}

three eggs scrambled with bell pepper, onion, squash, zucchini, mushroom, tomato, roasted red pepper, salsa, potato hash, fruit

Pancake of the Day - 9

a stack of three, bacon

Huevos Rancheros - 11 ^{GF}

two eggs sunny side up over black bean corn smash with blu corn tortillas, ranchero sauce, potato hash

Steak & Eggs - 16 ^{GF}

black angus butcher's tenderloin, two eggs your way, hollandaise, potato hash, fruit

The Old School Benny - 12

grilled ham, poached eggs, hollandaise, potato hash, fruit

Avocado Toast - 8 ^V

toast, avocado salsa, two eggs looking at you, pico de gallo, arugula

Crab Cake Benedict - 12

one crab cake, poached egg, hollandaise, potato hash, fruit

Vegetarian Benedict - 10 ^V

spinach, tomato, wild mushroom mix, poached eggs, hollandaise, potato hash, fruit

Migas - 11

three eggs scrambled with roasted red pepper, bell pepper, onion, & chorizo. served with grilled blu corn tortillas, black bean corn smash, potato hash

The Conundrum - 15

fried chicken breast, poached eggs, gorgonzola & jalapeno grits & jalapeno gorgonzola cream

Chilaquiles de Blu - 14 ^{GF}

housemade blu tortilla chips, pulled pork, queso fresco, potato hash, jalapeno gorgonzola cream sauce, pico de gallo, & two eggs looking at you

Bayou Brunch - 18 ^{GF}

blackened shrimp, gorgonzola & jalapeno grits, two eggs looking at you, pico de gallo & guest's choice of sauce (jalapeno gorgonzola cream, or bbq creole)

Tamales con Huevos - 13

two pork tamales, poached eggs, quinoa, hollandaise, black bean corn smash, pico de gallo, cilantro

The Cure - 12 ^{W T F}

potato hash, bacon, mushrooms, melted cheddar, two eggs looking at you, & a miller high life in a bag

The Holy Mole - 10

three cheese enchiladas, maria's mole, black bean corn mash, potato hash, pico de gallo, cilantro, and two eggs over medium

**Add Ons - egg-2, pancake-2, bacon-3, toast-1
breakfast ham-3, english muffin-1, french toast-5,
avocado-2, potato hash-2, jam-0.75, fruit bowl-mkt**

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